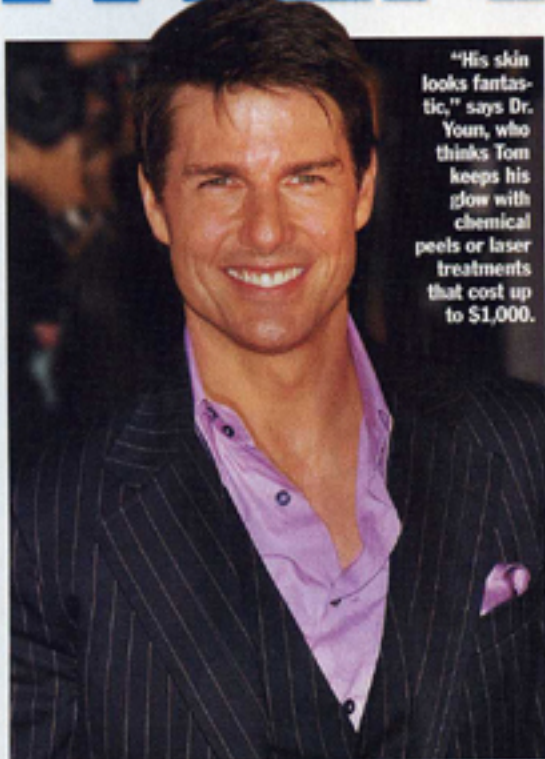


maintenance MEN!

Make room at the mirror, ladies! These ultragroomed guys are spending time and money to look their best



"His skin looks fantastic," says Dr. Youn, who thinks Tom keeps his glow with chemical peels or laser treatments that cost up to \$1,000.



8 Cruise takes control of his look!

"He's classic high-maintenance," says Vo of Tom Cruise, 44. An insider says, "Tom gets his hair cut every week to make it look like it's never been touched." As for that famous smile of his? Beverly Hills cosmetic dentist Dr. Alan Zweig suspects that in addition to braces in 2002 (up to \$8,000), Tom had a crown (\$1,500) put on his upper-right front tooth.



"Diddy is always fashionable," says Vo. "He exudes high-maintenance with confidence."

7 Bad boy, good grooming!

"From my manicure to my pedicure...it's the swagger I show the world," brags Diddy, 36. Indeed! Vo thinks the spokesman for acne-fighting Proactiv likely gets haircuts every two to three weeks and trims his goatee perfectly to accentuate his jawline.

MORE SHAMELESSLY high-maintenance men



6 Patrick has the Rx for youth!

"Botox has been profoundly important in my life," says Patrick Dempsey, 40. Although Patrick's rep insists the actor was only joking and has had no cosmetic surgery or dentistry, Dr. Anthony Youn suspects the Grey's Anatomy star likely smooths his forehead and brow area with the injections and probably has chemical peels or laser treatments. Now, about that Dr. McDreamy 'do! Kim Vo says, "His haircut looks designed to match his face," and he may have tinted eyelashes.



3 David's hair-raising routine

Think that flowing blond mane is effortless? "He gets his hair professionally blown out every week," says a friend of David Spade's. Though the comic's rep denies that as well as any surgery, a discoloration under the 42-year-old's eyes may be an indication, Dr. Youn notes, of a possible lower-eyelid lift and a laser treatment (for around \$4,000).



"It's definitely nurture, not nature," says Vo of Jesse's brows.

5 Jesse waxes on about his sculpted eyebrows

Maybe Jesse Metcalfe, 27, learned how to shape his brows perfectly at that chic address for style, Wisteria Lane, Jesse's previous professional address. "I wax the middle part," he says. "Nobody thinks a unibrow is sexy." (His brows "are way better than mine!" says Brittany Snow, Jesse's co-star in *John Tucker Must Die*.) Vo thinks Jesse's brows are a little overdone, but he says the actor makes the rest of his hair work. "Men who know they're pretty boys toughen up a bit with some scruff," says Vo. "And he cuts his hair short to make it look straighter."



"He's a good kind of high-maintenance," says Vo of Becks, who totes Louis Vuitton luggage.

The plastic surgeons consulted for this story submitted their expert opinions after reviewing the featured stars' pictures. They have not personally treated any of the celebrities.

4 Keith's a Nashville anomaly

"Between the haircut, the highlights and the spray-on tan, it's like he's over-accessorized," says Vo of newlywed Keith Urban, 38. Dr. Youn adds that Keith may have made his look more masculine with a chin implant (\$3,000) or possible jawline implants (up to \$4,000), and Dr. Zweig thinks in-office teeth bleaching (\$500) whitened Keith's smile.



"You wouldn't suspect the weekly hair grooming," says an insider of David.

2 Primed perfection is Becks' goal!

"He's more well-known in the United States for his hair than for his soccer," jokes Vo of David Beckham, 31, who sports a perfectly highlighted faux-hawk on the field. "He has an oval face, so he can get away with more hairstyles," says Vo. The British soccer star's wife, Victoria, a.k.a. Posh Spice — whom Becks credits with teaching him a lot — explains, "David's very much a new man, totally in touch with his feminine side. He loves having his face and nails done." Posh had better keep an eye on her favorite lotions and potions because David religiously uses eye cream (the pricey La Prairie brand!) before bedtime. Says Vo, "He owns his look."

1 Ryan's proud to be the American high-maintenance idol!

"I think it's OK for a man to say, 'I want to take care of myself and be presentable for a woman in my life,'" says self-proclaimed heterosexual Ryan Seacrest, 31. Waxed eyebrows? Check. Regular massages and facials? Oh yeah. And that's just the beginning. Dr. Youn thinks Ryan has used Botox to smooth out his forehead, while Dr. Zweig thinks it's possible that Ryan is sporting a set of veneers. (Ryan's rep denies both hunches.) Hey, the *AI* host himself says he feels his best "right before a show, when I'm in full hair, makeup and wardrobe."

"People bring up my hair quite a bit — it's strategically tousled." —Ryan Seacrest



"Ryan gets the high-maintenance crown," says Vo.